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Assistant Professor & Head
Department of Political Science
Panamapilli Memorial Govt. College
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Educational Qualifications:

Degree	Institution/University	Subject	Year of Passing	% of Marks
P.hD	Deptt.of Political Science,(University of Kerala, Kariavattom Campus, Thiruvananthapuram, Kerala)	Political Science	2011	
M.Phil	Deptt.of Political Science,(University of Kerala, Kariavattom Campus, Thiruvananthapuram, Kerala)	Political Science	2003	'A' Grade
M.A	Deptt.of Political Science,(University of Kerala, Kariavattom Campus, Thiruvananthapuram, Kerala)	Political Science	2000	70 with II Rank
B.A	St. John's College Anchal(KeralaUniversity)	Political Science	1998	59

*Topic :***Strategic Dimensions of Sino-US Relations on South Asian Security in the Post-Cold War Period***

Guide: Dr.G.Gopa Kumar, Former Vice-Chancellor, Central University of Kerala, Kasaragod, Former Professor & Head, Department of Political Science and Dean of Social Sciences, University of Kerala, Kariavattom Campus

Academic Qualifications

Qualified UGC NET (Lectureship) Examination in June 2004.
Qualified University Research Entrance Examination

Current Position

- **Assistant Professor and Head** in the Post Graduate Department of Political Science, Government College, Chalaky, Potta PO, Kerala (Under Collegiate Education Department, Government of Kerala)
- **Research Guide** in Political Science in the University of Kerala(Order No Ac.E1/A3/08692/2018 dt 05-04-2018

Other Qualifications

- Qualified Audition test conducted by All India Radio, Trivandrum on 23rd October 2001.

Award/Honours

- Received **TV Paul Award** for the best PhD thesis in Political Science/ International Relations during the year 2011 jointly given by the Department of Political Science, University of Kerala and McGill University, Canada.

International Fellowship

(SUSI Programme in the University of Florida, USA (from 10 to July 21, 2012))

- The **only one selected from India** for the **Study of United States Institute for Scholars Programme on US Foreign Policy** Conducted by the **US State Department from June 10 to July 21, 2012** in the **Department of Political Science, University of Florida, United States**. I have completed the programme along with 17 other participants from the different countries of the world in the University of Florida

Research Affiliation

- I got a **Research affiliation** with the **Institute of Chinese Studies (ICS), Centre for the Study of Developing Societies, New Delhi** for two months from August 17 2005 to October 17, 2005 as a support to my PhD programme. (ICS is one of the most prestigious institution in India giving contributions in the field of Foreign Policy where most of the eminent Indian Scholars working on Chinese Studies, eminent Indian Diplomats etc. are fellows)

Professional Positions:

- Co-Ordinator, Graduate and Post Graduate Programme in the Institute of Distance Education(2006-2010), University of Kerala
- Member, Question Paper Setting-University of Kerala
- Member Board of syllabus and curriculum formation for B.A and M.A. in the University of Kerala, since 2010.
- Member Board of syllabus and curriculum formation for B.A and M.A. in the MG University, Kottayam since 2010
- Member Panel for Question Paper Setting for M.A. Examination , School of International Relations and Politics, MG University Kottayam, Kerala, India Since March 2012.
- Co-Ordinator, Career and Counselling Sell, Maharajas College, Ernakulam in 2011-12
- **Associate Editor**, University College Journal of Politics and Society-Bi Annual Peer Reviewed Journal from the Department of Political Science, University College, Thiruvananthapuram

Membership in Professional Bodies:

- Vice President, Association of Political Scientists-Kerala

- Member, Executive Committee, South Indian American Studies Network
- Member, Kerala International Centre
- Member, Alumni, US State Department

Orientation Programme/Refresher Course

- Participated in the **Ministry of Education, Govt of India**(Pandit Mada Mohan Malavia National Mission on Teachers and Teaching) sponsored **Refresher Course in Political Science** on the theme **Laws, Democracy and Institutions** from 26 April-11May 2021 organised by Teaching, Learning Centre, Ramanujan College, University of Delhi
- Participated in the **UGC Sponsored Refresher Course** on India: Tradition, Art, Culture and Society Organised by **UGC Human Resource Development Centre, Panjab University Chandigarh** from 15-11-2019 to 28-11-2019
- Participated in the **Orientation Programme** from 1-12-2017 to 28-11-2017 at **UGC Human Resource Development Centre, Panjab University Chandigarh**
- Participated in the **UGC Sponsored Special Winter School** conducted by the **UGC-Academic Staff College, University of Kerala, Karivattom, Thiruvananthapuram** from **28-11-2014 to 18-12-2014**. *The Special Winter School is equivalent to an Orientation Programme or a refresher Course as per UGC letter No. F. 24-01-2012(ASC) dated 01-01-2013*

Teaching Experiences

- Worked as **Assistant Professor** in the Post Graduate Department of Political Science in Various Colleges Under Collegiate Education Department, Government of Kerala) from 24-11-2010 to till the date
- Worked as **Contract Lecturer** in Political Science in the **Institute of Distance Education, University of Kerala, Kariavattom Campus, Thiruvananthapuram** from 18-12-2006 to 23-11-2010
- Worked as **Guest Lecturer** in the **Post Graduate Department of Political Science and Public Administration in St. John's College, Anchal** (affiliated to the University of Kerala) from 16.10.2000 to 2.7.2001.
- Worked as **Guest Lecturer** in the **Department of Political Science, Sree Sankaracharya University of Sanskrit, Main Centre, Kalady** from 07-07-2006 to 15-12-2006

Teaching Courses

- Theories and Concepts of International Relations(PG&UG)
- Issues in International Relations(PG)
- India's Foreign Policy(PG)
- Politics of South Asia(PG)
- Human Rights in India (UG)
- Public Policy Analysis(UG)

Thesis Work Done:

- The project work entitled ***Sino-Indian Relations in the Post Pokhran II Phase*** has completed and submitted to the University of Kerala, Trivandrum as part of the M.A. Course in 2000.
- The project work entitled ***Social Capital Formation through Participatory Planning: a Study of Kunnathukal Panchayat in Kerala*** has completed and Submitted to the University of Kerala as part of the M.Phil course.
- ***Strategic Dimensions of Sino-US Relations on South Asian Security in the Post-Cold War Period*** (for PhD)

Publications

In Edited books

- 2021. *Covid19-Bio Politics and the Question of Democracy* in Dazy-Zarabi and Jayanti Dutta(eds.) **Covid 19 and its Impact on Human Society: First Impressions**, (New Delhi: Narendra Publishing House, pp.91-97) **ISBN-978-93-90611-78-2**
- 2020. *Japan in India's Act East Policy: Confluence of Interests and Strategy* in Josukutty CA(ed), **India's Act East Policy**, (New Delhi: New Century Publications, pp-125-144)ISBN-978-81-7708-499-9
- 2017. *India's Soft Balancing with US and China: Strategic Options and Challenges* in Josukutty CA and J.Prabhash(eds.), **Foreign Policy and Security of India**, (New Delhi: New Century Publications, pp-176-189)ISBN:978-81-7708-447-4
- 2015. *Indo-Japanese Strategic Relationship* in Josukutty CA(ed.)**India-US Relations and Asian Rebalancing**, (New Delhi :New Century Publications pp.152-170)ISBN:978-81-7708-415-3
- 2014. *India's Maritime Security Policy: Issues and Challenges in the 21st Century*, in Suresh R,(ed.), **Maritime Security of India: The Costal Security Challenges and Policy Options**(New Delhi: Vij Books India Pvt. Ltd.)ISBN:978-93-82652-36-6
- 2013. *China's involvement in South Asia and India's Concerns in the 21st Century*, in Ibrahim, K.M.Sajad, (ed.), **Conflict and Peace in South Asia : Post-Nehruvian Scenario** (New Delhi: New Century Publication)ISBN: 978-81-7708-355-2

Research Articles in Peer Reviewed Research Journals

Sl No.	Title of Paper	Name of Journal & ISSN No.	Date of Publication	Vol. Issue Number
1	Left Political Parties in Kerala: Dynamics and	Ajanta	March 2019	Vol .VIII, Issue: 1

	Challenges of Democratic Agenda and Electoral Politics	(UGC Listed Peer Reviewed Research Journal) ISSN No: 2277-5730		
2	Leadership and Divisive Politics: Lessons from Gujarat Assembly Election 2017	Social Science in Perspective (UGC Listed Peer Reviewed Research Journal) ISSN No: 0975-5497	December 2017	Vol.9 Issue:4
3	Modi, Trump and India-US Relations: <i>Soft or Hard</i> Balancing	Journal of Parliamentary Studies (UGC Listed Peer Reviewed Research Journal) ISSN No: 2231-0355	June 2017	Vol. 8&9 Issue:2&1
4	Rohingya Crisis and India's Real Politic: Concerns and Challenges	University College Journal of Politics and Society (UGC Listed Peer Reviewed Research Journal) ISSN No: 2347-8411	March 2017	Vol.12 No:1&2
5	China's One Belt One Road Initiative and India	University College Journal of Politics and Society (UGC Listed Peer Reviewed Research Journal) ISSN No: 2347-8411	March 2016	Vol.11 No.1&2
6	Executive Accountability to Legislature in Foreign Policy Making: The Case of India and USA	Journal of Parliamentary Studies (UGC Listed Peer Reviewed Research Journal) ISSN No: 2231-0355	June 2011	Vol.2 No.:1
7	China's South Asian Strategy in the 21 st Century: 'Concircling' India with Pro-China 'Micropoles'	University College Journal of Politics and Society	March 2009	Vol. 4 No: 1&2

		(UGC Listed Peer Reviewed Research Journal) ISSN No: 2347-8411		
8	International Relations of Asia(Review Essay)	Journal of Polity and Society (UGC Listed Peer Reviewed Research Journal) ISSN No: 0976-0210	December 2009	Vol.2 No: 2

Research/Field work Experiences:

- Worked as **Supervisor** in the **CNN-IBN-The Week** Election Survey conducted in Kerala by **Centre for the Study of Developing Societies(CSDS), New Delhi** in association with the **Department of Political Science, University of Kerala** during the Assembly Election April-May 2011
- Worked as **Research Assistant** in the **CNN-IBN-The Hindu** Election Survey Conducted in Kerala by the **Centre for the Study of Developing Societies(CSDS), New Delhi** in association with the **Department of Political Science, University of Kerala** during the Assembly Election, 2006
- Worked as **Research Associate** for Kovalam Master Plan Study (as per GO (RT) NO. 7133/2001/GAD/Dated. 5.9.2001) Conducted by the Tourism Department, Government of Kerala in 2001
- Worked as **Programme Associate** in **SAHAYI**, a pioneer **NGO** in Kerala State concentrating in the field of Democratic Empowerment through People's Participation and Decentralisation in the year 2003-'04.
- Worked as an **Investigator** of the Continuous Tourist Survey Project of Department of Tourism, Government of Kerala Undertaken by Datamation Consultants Pvt. Ltd, Patparganj, New Delhi in 2004.
- Associated with the Election Survey Conducted by CSDS, New Delhi in the Parliamentary Election, 2000 and 2004.
- Associated with the Election Survey (Kerala Assembly Election 2006) conducted by the Leader Media Corporation for the Journal **Vayana** in association with The Department of Political Science, University of Kerala, Thiruvananthapuram

Other working experiences:

- Worked as **Casual announcer** in **All India Radio**, Trivandrum in the year 2003.

- Done many times Recordings for 'Prabhathabheri' Programme in All India Radio, Trivandrum in the year 2001-'02.

Research Guidance

- Research Guide in Political Science in University of Kerala. Currently Guiding two PhD Students
- Guiding M.A. Political Science(Regular) Students for their dissertation Work in since 2010
- Guiding M.A. Political Science Students for their dissertation Work from 2006 onwards in the Institute of Distance Education, University of Kerala, Thiruvananthapuram

Paper Presentations in National / International Seminars

- Delivered an Invited Talk on **The Geo-Politics of Crimea: Signals, Lessons and Impacts** on 20 March 2019 at the **Russian Centre for Science and Culture**, Thiruvananthapuram
- A Paper on *Dynamics and Challenges of Left Political Parties in Kerala*-presented at the National Seminar on **Electoral Politics in India: Dynamics and Trends** organised by Department of International Relations and Politics, Central University of Kerala, Kasaragod on V.K.Sukumaran Nayar Chair for Parliamentary Affairs, Department of Political Science, University of Kerala, Thiruvananthapuram on 25-26 March 2019
- A Paper on *Left Political Parties in Kerala: Challenges of Democratic Agenda and Electoral Politics*- presented at the National Seminar on **Contemporary Issues in Indian Politics** organised by Department of Political Science, Banglore University on 22-23 February 2019
- A Paper on *Dynamics of Indian Federalism*- presented at the National Seminar on **Indian Federalism: Questions and Challenges** organised by Govt. Higher Secondary School, Anavoor & Institute of Parliamentary Affairs, Govt. of Kerala on 16 February 2019
- A Paper on *Political Parties, civil Society and Environmental Debate in Kerala*- presented at the National Seminar on **Society, Politics and Environment in Kerala** organised by Research and Post Graduate Department of Political Science, University college, Thiruvananthapuram on 17-19December 2018
- A Paper on *Styles and Rules of Citation*- presented at the National Workshop on **Academic Writing and Research Methodology in Political Science** organised by the Survey Research Centre, Department of Political Science, University of Kerala, Thiruvananthapuram on 29 November 2018

- A Paper on *Integrating International Relations Studies in India to Global Scholarship*- presented at the National Seminar on **Political Science in India: Emerging Paradigms, Perspectives and Challenges** organised by the Research and Post Graduate Department of Political Science, University college, Thiruvananthapuram on 15-17 March 2018
- A Paper on *Japan in India's Act East Policy: Confluence of Interest and Strategy*- presented at the International Seminar on **Act East Policy and India's Big Power Strategies** organised by the Department of Political Science, University of Kerala, Thiruvananthapuram on 08-10 February 2018
- A Paper Critical Mass in Women's Representation: Challenges and Prospects in Kerala- presented at the National Seminar on **Gender and Politics: Emerging Trends and Issues** organised by the Department of Political Science, University of Kerala, Thiruvananthapuram on 27-28 February 2018
- A Paper on *Citation Styles in Social Science*- presented at the National Workshop on **Academic Writing and Research Methodology in Political Science** organised by the Survey Research Centre, Department of Political Science, University of Kerala, Thiruvananthapuram on 7-9 December 2017
- A Paper on *Dynamics of Indian Federalism*- presented at the National Seminar on **Indian Federalism: Questions and Challenges** organised by Govt. Higher Secondary School, Puliyanam on 28 October 2017
- A Paper on *Changing Trends in the Political Communication and Political Culture among Youth in Kerala*- presented at the National Seminar on **Indian Federalism: Questions and Challenges** organised by KKTm Govt. College, Pullut on 25-26 August 2017
- A Paper on *Kashmir on the Precipice: The Changing Dynamics in India-Pakistan Relations* presented at the National Seminar on **The India-Pakistan Conflict: Assessing India's Options** organised by Department of International Relations and Politics, Central University of Kerala, Kasaragod on 20-21 March 2017
- A paper on *Social Capital Formation Through Participatory Planning in Kerala: A Critical Analysis* presented at the Three day national seminar on **Evaluating the New Local Governance: The Problems and Prospects of Decentralisation in India** organised by the Department of Political Science, University of Kerala, Thiruvananthapuram in on 16-18 March 2017
- A paper on *Dynamics and Challenges of Left Political Parties in Kerala* presented at the Three day national seminar on **Kerala at 60: Retrospect's and Prospects** organised by the Post Graduate Department of Political Science, University College, Thiruvananthapuram in on 08-10 February 2017
- A paper on *Public Policy and Parliament in a Neo-liberal Democratic State: A Critique* presented at the two day National Seminar on **Convergence of Theory and Practice in Public Administration : Issues and Prospects** organised by the Department of Public Administration, Rajiv Gandhi Memorial Arts and Science College, Attapady, Palakkad during 8-9 December 2016

- Presented a paper in the Panel Discussion on **Brexit and Future of Europe** organised by the Department of Political Science, St. Thomas College, Pala on 5 August 2016
- A Paper on *Democracy, Secularism and State: Questions and Challenges* presented at the National Seminar on **Democracy, Secularism and State: Questions and Challenges** organised by the Govt. Higher Secondary School, Puliyanam on 18 June 2016
- A Paper on *Madhesi Issue in India-Nepal Relations: An Analysis* presented at the two days National Seminar on **Indian Strategic Perspectives and Global Order** organised by the Department of Politics and International Studies, School of Social Sciences and International Studies, Pondicherry University during 29-30 March 2016
- A paper on *India's Act East Policy: China's Perceptions* presented at the International Seminar on **Rising India, and the World Order in the 21st Century** organised by Association of Political Scientists- Kerala in association with Department of Political Science, St. John's College, Anchal in association with RUSA on 10-11 March 2016
- A Paper on *The Debate on Environment and Development in a Democracy: Lessons from India* presented at the three days National Seminar on **Western Ghats: Environment and People-Need for a Paradigm Shift** organised by the Post Graduate Department of Political Science, St. Mary's College, Sulthan Bathery, Wayanad, Kerala during 24-26 February 2016
- A Paper on *India's Look East Policy: The China Factor* presented at the National Seminar on **Act East Policy and the Changing Dimensions of India's Foreign Policy** organised by Department of International Relations, Central University of Kerala, Kasaragod on 18-19 February 2016
- A paper on *Left Political Parties and Left Movements in Kerala: Issues and Concerns* presented at the two day National Seminar **The Politics of Inclusion and Exclusion in the Contemporary Indian Democracy** organised by the Research and Post Graduate Department of Political Science, University college, Thiruvananthapuram on 28-29 January 2016
- A paper on *Youth and Electoral Politics in Kerala: The Changing Trends* presented at the Three day national seminar on **India, State of the Nation:2014 General Election and After** organised by the Department of Political Science, University of Kerala, Thiruvananthapuram in Association with Indian Council for Social Science Research, New Delhi on 17-19 March 2015
- A paper on *India's Soft Balancing with US and China: Strategic Options and Challenges* presented at the Three day **International Seminar on India's Foreign Policy Strategies through the 21st Century** organised by the Department of Political Science, University of Kerala, Thiruvananthapuram in association with Policy, Planning and Research Division, Ministry of External Affairs, Government of India, New Delhi during 26-28 February 2015
- A paper on *Look East Policy and India-Japan Strategic Relations in the 21st Century* presented at the National Seminar on **Democracy, Development and Globalisation: Perspectives and Experiences** organised by

Association of Political Scientists- Kerala in association with Department of Political Science, Government College, Madappally, Vadakara, Kozhikode on January 30-31, 2015

- A paper on *India's Neighbourhood Policy in the Post-Cold War Period* at the two day National Seminar on **India Goes Global: Diplomacy of a Rising Power** organised by the Department of Political Science, Panampilly Memorial Government College, Chalakkudy, Thrissur in Association with Indian Council for Social Science Research, New Delhi on 17-19 March 2015
- A paper on *Soft Power in China and India: An Analysis on the Case of Public Diplomacy Initiatives and Efforts* presented at the National Seminar on **State, Democracy and Governance: Landscaping National and International Politics** organised by Association of Political Scientists-Kerala in association with Department of Political Science, Government College, Kottayam, Kerala State Higher Education Council &Kerala State Women's Commission on February 5-6, 2014
- A Paper on Middle Level Powers in Asian Rebalancing: The Case of Indo-Japanese Strategic Relationship presented at the Two day National Seminar On Asian Rebalancing and the Changing Dimensions of Indo-US Relations organised by the Department of Political Science, University of Kerala, Thiruvananthapuram on 9-10 January 2014
- A paper on *Left Extremist Movement in Chhattisgarh: Causes, Challenges and State Response* presented at the National Seminar on **The Changing Dimensions of Security: India's Security Policy Options** organised by VK Krishnamenon Study Centre for International Relations, Department of Political Science, University of Kerala, Thiruvananthapuram on December 17-18, 2013
- A paper on *India's Maritime Security Policy: Issues and Challenges in the 21st Century* presented at the National Seminar on **Maritime Security of India: The Coastal Security Challenges and Policy Options** organised by Postgraduate and Research Department of Political Science, Sree Narayana College, Kollam on August 13-14, 2013
- A paper on *South-South Cooperation: China in the Post-Mao Period* presented at the National Seminar on **The North-South Gap: Politics, Development and Governance** organised by the Department of Political Science, University of Kerala on 13-14 April 2013
- A Paper on *The Effective Use of Multilateral institutions in Diplomacy: The Case of Sino-Indian Experience in the era of Globalisation* presented at the **International Seminar on India and International Organisations: Towards Multilateralism** organised by Department of International Relations, School of Global Studies, Central University of Kerala, Kasaragod on 20-22 March 2013
- A paper on *Development, State and the Question of Social Justice in a Democracy: A Critical Analysis* presented at the One **Day National Seminar on Democracy and Social Justice** organised by the Institute of Parliamentary Affairs, Government of Kerala, Thiruvananthapuram in association with Government Vocational Higher Secondary School, Mulakkuzha, Alappuzha on 20 November 2012

- A paper on *The Formulation of India's Security and Foreign Policy* presented at a National Seminar on **India's Security Policy: Concerns and Issues** organised by Public Diplomacy Division, Ministry of External Affairs, Government of India and School of Social Sciences and International Studies, Department of Politics and International Studies, Central University of Pondicherry on 26-27 March 2012
- A paper on *China's Involvement in South Asia and India's Concerns in the 21 Century* presented at the National Seminar on **Conflict and Peace in South Asia: Nehru and Beyond** organised by UGC-Nehru Studies Centre, Department of Political Science, University of Kerala on 2-3 March 2012
- A paper on *China's Maritime Policy and Security Concerns to India* presented at a National Seminar on **Maritime Security and India's Foreign Policy in the 21st Century: Emerging Issues and Concerns** organised by Chair for Maritime Studies and Research, University of Calicut on 8-9 February 2012
- A paper on *Transforming Print Materials in to Self Learning Materials* presented at the National Workshop on **Development of SLM** by the Institute of Distance Education, University of Kerala on 23-25 February 2010
- A paper on *Globalisation, State and Foreign Policy: Changing Trends in India's Foreign Policy Making* presented at the National Seminar on **International Treaties, Federalism and Indian Constitution** organised by Institute of Parliamentary Affairs, Government of Kerala on 4-5 February 2010 at Malabar Christian College, Kozhikode
- A paper on *Media and Public Sphere in Kerala* presented at the National Seminar on **Political Process and Governance in India: Towards a New Paradigm** organised by V.K.Sukumaran Nayar Chair for Parliamentary Affairs, Department of Political Science, University of Kerala, Thiruvananthapuram on 28-29 January 2010
- A paper on *Executive Accountability to Legislature in Foreign Policy Making: The Case of India and USA* presented at the National Seminar on **Towards an Inclusive India: Role of Parliament in Social Change** organised by Institute of Parliamentary Affairs, Government of Kerala on 15-17 December 2009 at Maharajas College, Ernakulum
- A paper on *Ethnic Problem in China: The Case of Xinjing* presented at a National Seminar on **China in the 21st Century** Organised by V.K. Krishna Menon Study Centre for International Relations, University of Kerala, Thiruvananthapuram on 6 October 2009
- Presented a paper on *China's South Asian Strategy in the 21st Century* presented at a State Level Seminar on **New Dimensions in India's Foreign Policy** Organised by Department of Political Science, St.Mary's College, Sulthan Bathery, Wayanadu, Kerala on 16-18 September 2009
- A paper on *Civil Society, Social Capital and Participatory Planning in Kerala: A Critique* presented at National Seminar on **Civil society Movements in India: Problems and Prospects** Organised by Department of Political Science, SN College, Kollam on 25-26 September 2008

- A paper on *India's Soft Balancing with Great Powers: Issues in Focus* Presented at the two day National Seminar on **India's Foreign Policy: Emerging Trends in the New Century** Organised by VK Krishnamenon Study Centre for International Relations, Department of Political Science, University of Kerala, Thiruvananthapuram on April 2-3, 2007 at Senate Chamber, University of Kerala, Thiruvananthapuram
- A paper on *India and US: From Estrangement to Engagement* Presented at a National Seminar on **India's Foreign Policy –Changing Trends** jointly organised by SN College, Kollam and The Kerala Academy of Social Sciences at SN College Kollam on 28 January 2006
- A paper on *State, Development and Marginalised Sections: Changing Paradigm of State Intervention* Presented at a Two Day UGC sponsored National Seminar on **Environment, Growth and Human Development in Kerala: Consensus and Contention** Organised by SN College, Cherthala on 27-28 February 2006.
- A paper on *Political Parties Stand on the Nuclear Deal* was presented in the Department of Political Science, University of Kerala on 24 July 2008 in connection with the Research Scholars Seminar.

Curriculum Restructuring

- Participated in the Workshop on **Restructuring the Undergraduate Programme in Political Science** in the Department of Political Science on December 1-2 2016 at Department of Political Science, University of Kerala
- Participated in the Workshop on **Curriculum Development in Political Science** in the Department of Political Science on February 2-3 2012 at Mahatma Gandhi University, Kottayam

Invited Talks

More than hundred lectures were done to the students of Various Colleges, think tanks and public civil society organisations in Kerala

Talk through All India Radio

- Delivered a talk through All India Radio, Trivandrum on the topic of ***Nehru's contribution to co-operative movement in Kerala*** broad casted on 27-5-2012.
- Delivered a talk through All India Radio, Trivandrum on the topic of ***For the Stability of Democracy*** broad casted on 5-5-2004 related with 14thLok Sabha Election 2004.

Achievements

- **Second Rank** (70% marks) in M.A. (Political Science), University of Kerala, 2000.
- *Kalaprathibha* in Keralostavam at Panchayat level in 1997 (Yeroor Grama Panchayat).

- Won several prizes in Elocution, Versification, Kathaprasangam, etc.

Lecture Series Participation

- Participated in the Lecture Series on ***Nehruvian Contributions to Indian Democracy*** Conducted by **UGC-Nehru Study Centre**, Department of Political Science, University of Kerala during November 2006-March 2007

Training Programme

- Attended **Faculty Development Programme in Concept Coaching** Conducted by ICT Academy of Kerala from 9-12-2014 to 10-12-2014 at Academic Staff College, University of Kerala, Thiruvananthapuram
- Attended teachers training programme on ***International Humanitarian Law*** Organised by International Red Cross at Saveetha School of Law, Saveetha University, Chennai on 26-28 November 2012

Important Orientation Course/Seminars/Stake holder meeting/Special talks attended:

- Attended Conference on American Studies on the theme ***India and United States in the 21st Century*** organised by St.Thomas College, Palai, Kerala in association with US Consulate General, Chennai on 27&28 July 2011
- Participated in the UGC-SAP National Seminar on ***Globalisation, Governance and Development: Experience of South Indian States*** on 23-25 March 2011 organised by Department of Political Science, University of Kerala, Thiruvananthapuram
- Participated in the National Seminar on ***Energy Security in India*** on 13-14 December 2011 organised by the UGC-Nehru Study Centre, University of Kerala, Thiruvananthapuram
- Participated in the National Seminar on ***Globalisation, Religious Fundamentalism and Terrorism: Issues in South India*** on 8-9 April 2010 Organized by Department of Political Science, University of Kerala, Thiruvananthapuram
- Participated in the National Seminar on ***Globalisation and Agrarian Crisis in South India*** on March 11-12, 2009 Organized by Department of Political Science, University of Kerala, Thiruvananthapuram
- Attended the special lecture on ***India and the Arab World*** by Ambassador Talmiz Ahmed on 20 November 2007 at Thiruvananthapuram (Organised by Kerala International Centre, Thiruvananthapuram)
- Participated in Orientation Course on ***Research for National Resurgence*** held on August 2003, sponsored by NAAC, Cochin University of Science and Technology, Mahatma Gandhi University, University of Calicut and ICHR.
- Participated in the ***NCS D Rio+10 Assessment Process held at CERID, Mitra Niketan*** on November 1, 2001. (Stake Holder Meeting)

- Participated in the National Seminar on ***Iraq War and the Future World Order*** on January 27-28, 2004 Organized by V.K. Krishna Menon Centre for International Relation, University of Kerala, Trivandrum.
- Participated on the National Seminar on “The ***Future of Parliamentary Democracy in India*** jointly Organized by Institute of Parliamentary Affairs, Government of Kerala and Department of Political Science, University of Kerala, Trivandrum on August 12-13, 2004.
- Participated in the Workshop on ***Environmental Laws*** held at the Dept. of law, University of Kerala, on 1.12.2001. Conducted by C.P.R. Environmental Education Centre, Chennai.
- Participated in the National Seminar on ***Education as a Human Right*** jointly organized by Department of Political Science, University of Kerala and Institute of Parliamentary Affairs, Government of Kerala on 20th April 2005.
- Participated in the National Seminar on ***Nehru and India’s Foreign Policy*** in connection with the Inauguration of Nehru Study Centre (UGC Sponsored) on March 1, 2006 at Thiruvananthapuram organised by Department of Political science, University of Kerala
- Participated in the International Seminar on ***Anthropology and Literature: Canada and India*** organised by UGC Area Study Centre for Canadian Studies, University of Kerala on 23-24 January 2006 at Senate chamber, Palayam, Thiruvananthapuram
- Participated in the National Seminar on ***Comprehensive South Asian Security*** jointly Organised by Delhi Policy Group, Department of Political Science and V K Krishnamenon Centre for International Relations on 30 July 2005 at Senate Chamber, Playam, Thiruvananthapuram
- Participated in the National Seminar on ***Indian Democracy: Nehruvian Perspectives and Contemporary Realities*** Organised by UGC-Nehru Study Centre, Department of Political Science, University of Kerala Thiruvananthapuram on July 5-6, 2006 at University Senate Chamber.
- Participated in the National Seminar on ***Democracy, Decentralisation and Participatory Development: Decentralised Governance in Kerala, A Decade and Beyond*** jointly organised by V K Sukumaran Nayar Chair for Parliamentary Affairs, Department of Political Science, University of Kerala and Parliamentary Affairs Department, Government of Kerala on April 24-25, 2007 at Old Legislative Assembly Hall, Secretariat, Thiruvananthapuram.

Resource Person for Election Surveys

- Providing services as a **resources person** trained through **CSDS/ IBN/CNN/ The Hindu- Election Surveys and studies** in Kerala from 2005 onwards.
- Resource Person on International Affairs and Political Affairs in the discussion programmes of various media’s including Manorma News, Asianet News, Jaihind TV, Janam TV, Doordarshan and All India Radio

Co-Ordinator-Refresher Course

Co-Ordinated 10 days Refresher Course in Political Science in Connection with the **Higher Secondary School Teacher Transformation** Programme organized by the **Directorate of General Education, Higher Secondary Wing, Govt. of Kerala, Thiruvananthapuram**. The Course conducted in the Seminar Hall of Panampilly Memorial Govt. College, Chalakudy from 11-10-2019 to 20-10-2019. It was a residential programme.

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